



MODULE 1 CODES OF BEHAVIOUR

High Flyers are dedicated to following the following practices:

CODES OF BEHAVIOUR

General

As a member of High Flyers, all persons are required to comply with our Member Protection Policy. All persons must meet the following requirements in regard to their conduct during any activity held by the Club.

1. Respect the rights, dignity and worth of others.
2. Be fair, considerate and honest in all dealings with others.
3. Be professional in, and accept responsibility for, your actions.
4. Make a commitment to providing quality service.
5. Be aware of, and maintain an uncompromising adherence to, High Flyers' standards, rules, regulations and policies.
6. Operate within the rules of the sport including national and international guidelines which govern High Flyers.
7. Do not use your involvement with High Flyers to promote your own beliefs, behaviours or practices where these are inconsistent with those of High Flyers.
8. Demonstrate a high degree of individual responsibility especially when dealing with persons less than 18 years of age, as your words and actions are an example.
9. Avoid unaccompanied and unobserved activities with persons less than 18 years of age, wherever possible.
10. Refrain from any form of harassment of others.
11. Refrain from any behaviour that may bring High Flyers or the sport of gymnastics into disrepute.
12. Provide a safe environment for the conduct of the activity.
13. Show concern and caution towards others who may be sick or injured.
14. Be a positive role model.
15. Understand the repercussions if you breach, or are aware of any breaches of, this code of behaviour.

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Administrator

In addition to High Flyers' General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held by High Flyers and in your role as an administrator of High Flyers.:

1. Involve people in planning, leadership, evaluation and decision making related to the activity.
2. Give all people equal opportunities to participate.
3. Create pathways for people to participate in sport, not just as an athlete but as a coach, referee, administrator etc.
4. Ensure that rules, equipment, length of games and training schedules are modified to suit the age, ability and maturity level of participants.
5. Provide quality supervision and instruction for junior participants.
6. Remember that people participate for their enjoyment and benefit. Do not over-emphasize awards.
7. Help coaches and officials highlight appropriate behaviour and skill development, and help improve the standards of coaching and judging.
8. Ensure that everyone involved in the sport emphasizes fair play, and not winning at all costs.
9. Remember, you set an example. Your behaviour and comments should be positive and supportive.
10. Support implementation of all policies of High Flyers.
11. Make it clear that abuse in any way is unacceptable and will result in disciplinary action.
12. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.

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Coach

In addition to High Flyers' General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by High Flyers and in your role as a coach appointed by High Flyers:

1. Do not tolerate acts of aggression.
2. Provide feedback to participants in a manner sensitive to their needs. Avoid overly negative feedback.
3. Recognise participants' rights to consult with other coaches and advisers. Cooperate fully with other specialists (for example, sports scientists, doctors and physiotherapists).
4. Treat all participants fairly within the context of their sporting activities, regardless of gender, race, place of origin, athletic potential, colour, sexual orientation, religion, political beliefs, socio-economic status and other conditions.
5. Encourage and facilitate participants' independence and responsibility for their own behaviour, performance, decisions and actions.
6. Involve the participants in decisions that affect them.
7. Encourage participants to respect one another and to expect respect for their worth as individuals regardless of their level of participation.
8. Ensure that the tasks and/or training set are suitable for age, experience, ability, and physical and psychological conditions of the participants.
9. Ensure any physical contact with participants is appropriate to the situation and necessary for the participant's skill development.
10. Be acutely aware of the power that you as a coach develop with your participants in the coaching relationship and avoid any sexual intimacy with them that could develop as a result.
11. Avoid situations with your participants that could be construed as compromising.
12. Actively discourage the use of performance enhancing drugs, and the use of alcohol, tobacco and illegal substances.
13. Do not exploit any coaching relationship to further personal, political or business interests at the expense of the best interest of your participants.
14. Accept and respect the role of officials in ensuring that competitions are conducted fairly and according to established rules.
15. Know and abide by rules, regulations and standards, and encourage athletes to do likewise. Accept both the letter and the spirit of the rules.
16. Be honest and ensure that qualifications are not misrepresented.

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Parent

As a parent of a participant in any activity held by or under the auspices of High Flyers, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Respect the rights, dignity and worth of others.
2. Remember that your child participates in sport for their own enjoyment, not yours.
3. Focus on your child's efforts and performance rather than winning or losing.
4. Never ridicule or yell at your child and other children for making a mistake or losing a competition.
5. Show appreciation for good performance by all participants (including opposing participants).
6. Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons less than 18 years of age, as your words and actions are an example.
7. Respect officials' decisions and teach children to do likewise.
8. Do not physically or verbally abuse or harass anyone associated with the sport (participant, coach, judge, etc).
9. Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.
10. Be a positive role model.
11. Allow fellow parents the respect they deserve in their viewing or involvement in their child's participation.
12. Be aware of the repercussions that any breaches of this code of behaviour may incur.

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Participant

In addition to High Flyers' General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by High Flyers, and in your role as a participant in any activity held by or under the auspices of High Flyers:

1. Respect the rights, dignity and worth of fellow participants, coaches, officials and spectators.
2. Do not tolerate acts of aggression.
3. Respect the talent, potential and development of fellow participants and competitors.
4. Care for and respect the equipment provided to you as part of your program.
5. Be frank and honest with your coach concerning illness and injury and your ability to train fully within the program requirements.
6. At all times avoid intimate relationships with your coach.
7. Conduct yourself in a professional manner relating to language, temper and punctuality.
8. Maintain high personal behaviour standards at all times.
9. Abide by the rules and respect the decision of the official, making all appeals through the formal process and respecting the final decision.
10. Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
11. Co-operate with coaches and staff in the development of programs to adequately prepare you for competition at the highest level.

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Spectator

As a spectator of any activity held by or under the auspices of High Flyers, you must meet the following requirements in regard to your conduct during any such activity or event:

1. Respect the rights, dignity and worth of others.
2. Focus on the participants' efforts and performance rather than winning or losing.
3. Never ridicule or yell at participants for making a mistake or not winning a competition.
4. Show appreciation for good performance by all participants (including opposing participants).
5. Demonstrate a high degree of individual responsibility especially when dealing with or in the vicinity of persons less than 18 years of age, as your words and actions are an example.
6. Respect officials' decisions and teach participants to do likewise.
7. Do not physically or verbally abuse or harass anyone (participant, coach, judge, administrator, etc). Report those that do to the relevant party.
8. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
9. Be a positive role model.
10. Check on the appropriate policy on photography of participants before taking photos.
11. Allow fellow spectators the respect they deserve in their viewing of the class/event.
12. Be aware of the repercussions that any breaches of this code of behavior may incur.

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Judge

In addition to High Flyers' Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held or sanctioned by High Flyers, and in your role as an official appointed by High Flyers:

1. Modify rules and regulations to match the skill levels and needs of young people.
2. Compliment and encourage all participants.
3. Be consistent, objective and courteous when making decisions.
4. Condemn unsporting behaviour and promote respect for all opponents.
5. Emphasize the spirit of the game rather than the errors.
6. Encourage and promote rule changes, which will make participation more enjoyable.
7. Be a good sport yourself. Actions speak louder than words.
8. Keep up to date with the latest trends in officiating and the principles of growth and development of young people.
9. Remember, you set an example. Your behaviour and comments should be positive and supportive.
10. Place the safety and welfare of the participants above all else.
11. Give all young people a 'fair go' regardless of their gender, ability, cultural background or religion.

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Media

Media attending any activity held by or under the auspices of High Flyers must meet the following requirements in regard to conduct during any such activity or event:

1. Provide coverage of young people's competitive and non-competitive sport.
2. Focus on the participants' efforts and performance rather than winning or losing.
3. Be aware of the many and varied levels that exists within gymnastics.
4. Be aware that gymnastics also runs many events and classes where the focus is centered on participation.
5. Don't highlight isolated incidents of inappropriate sporting behaviour.
6. Focus on the abilities and not the disabilities of young people.
7. Avoid reinforcing stereotypical views on the involvement of boys/girls in sports.
8. Give equal time and space to reporting boys and girls sports.
9. Recognise and report the achievements of volunteers.
10. Demonstrate a high degree of individual responsibility especially when dealing with, or in the vicinity of, persons less than 18 years of age, as your words and actions are an example.
11. Do not physically or verbally abuse or harass anyone (participant, coach, judge, administrator, etc). Report those that do to the relevant party.
12. Respect the rights, dignity and worth of every person regardless of their gender, ability, cultural background or religion.
13. Check on the appropriate policy on photography of participants before taking photos.
14. Allow fellow spectators the respect they deserve in their viewing of the class/event.
15. Be aware of the repercussions that any breaches of this code of behaviour may incur.