. DMT LEVEL 1 .

Straight Straight Straight	Straight Straight Tuck	Straight Straight Pike	Straight Straight Straddle	Straight Straight ½ Twist	Straight Tuck Straight	Straight Pike Straight	Straight Straddle Straight	Straight Tuck Straddle	Straight Pike Pike	Straight Straddle Tuck

.DMT LEVEL 2 .

Straight Tuck ½Twist	Straight Pike ½ Twist	Straight Tuck Fl Twist	Straight Straddle ½ Twist	Straight Straddle Fl Twist	Straight ½ Twist Rev str8	Straight ½ Twist Rev tuck	Straight ½ Twist ½ Twist	Straight Fl Twist Tuck

. DMT LEVEL 3 .

Straight - Straight	Straight - Tuck	Straight - Pike	Straight - Straddle	Straight - 1/2 twist	Straight Fl twist Tuck	Straight 1/2 twist 1/2 twist	Straight Fl twist 1/2 twist	Tuck - Straddle	Pike - Pike	Straight Tuck F S/S(t)

SET

	Skills & Positions	LEVEL elements	AGE elements	CHECK
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
DD Table: Please Circle if the LEVEL or AGE requirements have been met				

1st VOL

	Skills & Positions	LEVEL elements	AGE elements	CHECK
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
DD Table: Please Circle if the LEVEL or AGE requirements have been met				

OTHER VOL

	Skills & Positions	LEVEL elements	AGE elements	CHECK
1				
2				
3				
4				
5				
6				
7				
8				
9				
10				
DD Table: Please Circle if the LEVEL or AGE requirements have been met				